



MAITRA PRESS KIT FOR MEDIA OUTREACH

BOOK INFORMATION

The topic of past lives and the information we can get from learning about them is of interest to many as new ways of viewing our lives give us information that allows for different perspectives. *Your Past Can Set You Free: How Insights from Past Lives Can Heal Current Issues*, by Maitra and Karin Stettler, a new edition, is now available to purchase using Amazon and Ingram Spark. With interviews of people who had readings with Maitra, this book holds numerous examples of real-life uses for learning about past lives.

The interviews hold many valuable clues to the ways that our present-day experience can be shaped by the things we experienced in other lifetimes. Each reading is examined in depth with interviews and the results that people experienced when they applied the insights they gained. For anyone interested in the topic of reincarnation, this book gives depth to the discussion of how we learn from our experiences and apply what we have learned in our lives today.

Book URL <https://www.amazon.com/dp/BOCPK8Q3NM>

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BIO

Maitra is a leading international psychic with over 35 years of experience as a teacher of metaphysics and as a professional Psychic, Reader, and Counselor. She works as an intuitive healer and has taught many workshops and trainings on metaphysical topics and personal development.

WHAT MAKES MAITRA A GOOD GUEST FOR YOUR SHOW

Maitra provides a perspective on life that many people will find relatable and engaging. Her book contains many psychic readings that describe life challenges brought by clients with interviews showing how knowledge of reincarnation can make our lives better today.

Maitra has a deep desire to help people understand how the problems they face today are influenced by what they have experienced in previous lives. She feels that when people understand this, they can release their fears about death and live their current lives to the fullest, with the knowledge that they are continuing on their path to growth.

Her many years of experience as a seer make her a unique source of material for those who are interested in learning more about karma and how to unfold their inner being to become their most illuminated selves.

Maitra offers an optimistic view of life, grounded in Universal Laws, that many people will find hopeful and freeing.

SUGGESTED QUESTIONS FOR AN INTERVIEW

1. What does 'reincarnation' mean?
2. How did you come to the work you are doing today?
3. How do you do this work? What do people experience when you are doing it?
4. Can you give us a story about someone who learned from their past life experience and what it did for their current one?
5. What do you want people to know about past lives?