

## **Part I -- 5 days Opening the Lotus I & II**

This opening part of the course provides the basic foundation and knowledge needed for opening your perception in relating to, working with, and helping others to heal themselves in all kinds of circumstances.

By opening and developing the chakras with emphasis on the third eye, the throat and the heart, you will establish more trust in yourselves and in your Spiritual guidance as it moves you.

No matter what your previous training or experience is, you will have the opportunity to evolve past your current level of expertise through practice and further development. Resistance from the rational left brain, reassured, begins to relax. The creative, intuitive right brain is acknowledged as a valuable contributor to our ability to help others and to enhance our own happiness.

## **Part II: 5 days Metaphysics: the Path to Freedom**

This coursework is a complete and accessible teaching in Metaphysics using the Tarot as a Holy Book. You gain clarity with what you have achieved in consciousness and what you have yet to master.

Crucial concepts and principles will be integrated and realized internally, bringing immediate access to your own ancient wisdom. You will also begin to have a more universal understanding of the trails faced by others, giving your empathy and compassion a more encompassing depth and breadth.

This study of the Tarot, based on work by the master Oscar Ichazo, is one of my favorite and most useful teachings, a basic in putting the challenges of life into perspective without blame or shame, for yourself and others.

## **Part III: 5 days Reincarnation/Regression Training**

You will learn to access and use the Akashic (past-life) records to heal blockages and non-functional patterns of the present, for yourself and others.

The Akashic can help you identify the karma that is in play and how to clear it. This results in healing and clearing the way for each person's potential to be explored and eventually realized. Use of the Akashic can also identify unrecognized talents and skills that can be brought forward into the present for everyone's benefit.

You will learn a simple, easy, and safe way to do past-life regressions that you can immediately use to help yourself and others. As you integrate this knowledge you will find it invaluable in identifying and healing emotional blockages that seem to have no foundation in the experiences of the current life.

## **Part IV: 5 days Reading/Following the Energy Practice**

This part of the 2-year course offers advanced work with energy using many different techniques. We learn not only to recognize but to clear energy blockages, making way for creative healing energy to transform limited concepts of Self into an unlimited potential.

By gaining experience in recognizing and acknowledging outmoded programming, we can free ourselves to become more capable healers, more fully realized servants of the Light. Here is where we proceed to actively use the changes in consciousness, and the realizations about reincarnation we have achieved, for the benefit of ourselves and others.

As we utilize our skills to read the Akashic we now can understand the challenges the person is facing and offer them a new perspective with wise suggestions for healing and change.

# Opening the Lotus

...moving into freedom

with  
**Maitra**



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# A Human Potential Training Course with Maitra

## Who is it for?

- For those who want to discover and develop their own psychic/intuitive healing style
- For those who want to refine their skills and/or add new ones for use in the healing work they already do.
- For those who want to explore and realize more of their intuitive healing potential for personal or professional goals.
- For those who simply want to realize more of their potential as contributing, evolving human beings.
- For those who want to further integrate their spiritual and ordinary lives and take up their Universal citizenship.

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## Two-year Course Curriculum

Part I – 5 days  
Opening the Lotus I & II

Part II: 5 days  
Metaphysics:  
the Path to Freedom

Part III: 5 days  
Reincarnation/Regression  
Training

Part IV: 5 days  
Reading/Following  
the Energy Practice

*"It's this love that holds everything  
together  
And it's the everything, too."  
- Rumi*